

SLING INSTRUCTION SHEET

WAVERLEY GLEN WALKING SLING

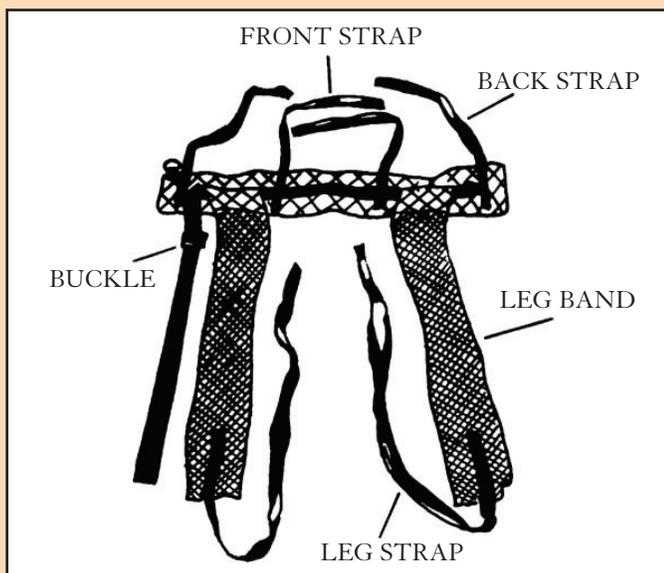
GENERAL GUIDELINES

Under no circumstances should any Waverley Glen Lift System be put in the control of persons who have not received proper training in its operation. If operated improperly, this lift system can cause serious injury.

Although the lift system is designed to be operated by an attendant, it may be operated by an unattended individual, providing this person has been properly trained in the system's use. The safety of both the attendant and the individual depends upon strict adherence to the following guidelines:

1. All instructions pertaining to the operation of the lift system should be read prior to the system being put into use.
2. Do not, under any circumstances, exceed the system's standard working load.
3. Prior to using the sling, make a visual inspection for signs of wear. Look for fraying, cuts, or tears in the material of both the sling's body and straps.
4. The sling must be positioned properly under and around the individual, to ensure a balanced lift.
5. The lift system is not a toy; do not use it for unsafe practices.

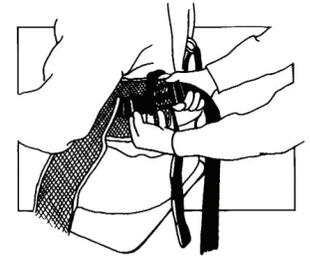
In facilities when more than one staff member is responsible for operating the lift system, it is imperative that all such members be trained in its proper use. A training and orientation program should be established by the facility to acquaint new caregivers with the system.



FROM A SEATED POSITION



1. With the individual seated in the wheelchair, place the chest band around the individual from front to back with the belt buckle connection in the back. A separate front Velcro cushion is provided for additional comfort. This is generally placed with either the "U" shape facing up for females, or facing down for males. The vertical positioning of the sling will vary for each individual, however, initially it should be placed under the arms, and positioned low, close to the pelvis.



2. Fasten the belt buckle on the back and tighten to be comfortably firm. The extra piece of seat belt strap can be slipped into the extra loops provided. The seat belt must be securely fastened before lifting.



3. The leg band should be fitted by slipping the end of the padded portion around the front of the individual and then underneath the thigh. It should then be pulled toward the back of the individual as far as possible. To accomplish this, the thigh may need to be lifted. Position the opposite leg in the same manner.



4. The leg band should be crisscrossed at the back of the individual and the straps placed through the opposite side metal rings, located near the belt.

WAVERLEY GLEN
A PRISM MEDICAL COMPANY

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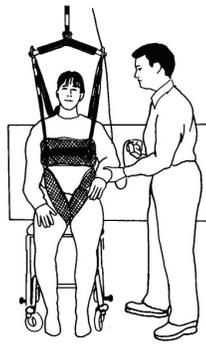
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FROM A SEATED POSITION CONTINUED



5. The leg, front and back straps can be attached to the carry bar. We recommend the first loop to be used as an initial starting point. Ideally, the front straps and the back straps should bear the same weight distribution.



6. Raise the carry bar such that the straps begin to tighten. At this point, check to ensure that all straps are connected to the carry bar prior to proceeding. Proceed with lifting the individual.



7. During the lift, if the sling feels uncomfortable, the individual should be lowered and the straps and/or leg pieces re-positioned.



8. In order to attain the best vertical positioning, the leg pieces on the back of the individual may need to be re-positioned (slide inward). During the lift, the individual should have access to parallel bars (or similar device) which is used to assist in lifting to an upright position, as well as for support. Once sufficient height is attained, the individual can proceed with walking exercises.

SPECIAL INSTRUCTIONS

Prior to proceeding with the actual use of this sling, the following information and instructions should be reviewed carefully to ensure a proper understanding of the use of this sling is obtained. This sling may not be practical for use by all individuals.

This sling is designed to allow an individual to be lifted vertically from a sitting position in a wheelchair and placed into an upright position for walking. The sling itself is fitted around the chest and leg straps are fitted around the thighs and then the individual is lifted. It is best suited to an environment that has an assistive device for walking (eg. Parallel bars, hand railings, etc.)

This sling will normally require several fittings in order to determine the best fit for each individual.

Please consult your authorized representative should you require this sling for individuals who are unable to assist with this process.

The walking sling should be checked on a regular basis to ensure cleanliness and that no fraying has occurred in the body of the sling or straps. Please contact your authorized representative if you have any concerns about the sling.

WASHING INSTRUCTIONS

The sling should be hand washed because the metal rings and plastic seat belt may damage the washing machine or vice versa. The sling should be hung to air dry. Warm wash with mild detergent is recommended.



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