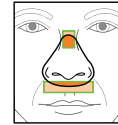
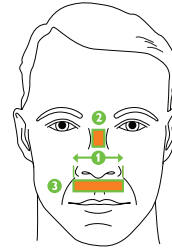


# ComfortGel Blue, ComfortGel, ComfortFusion, and ComfortSelect mask patient and clinician fitting guide

## Sizing the cushion

Place the sizing gauge over the nose. A sizing gauge is available as both a separate plastic piece and on the mask package.

Choose the smallest size that is wide enough to extend beyond the nostrils but does not obstruct normal nasal breathing.

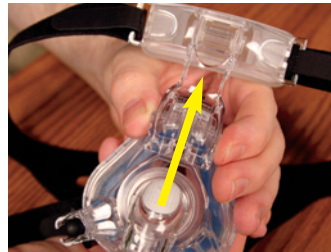


- Facial landmarks
1. Sides of nostrils
  2. Bridge of nose zone
  3. Below the nose tip, above the lip

## Preparing the mask for fitting



Loosen the straps on the headgear by adjusting the Velcro tabs.



Gently squeeze the sides of the StabilitySelector and slide the arm upward to set the forehead support arm to its highest position.



Disconnect one side of the headgear by releasing one ball-and-socket Quick Clip from the faceplate socket.

## Making initial adjustments



Make initial adjustments while sitting.

Place the mask cushion against the face.



Pull the headgear over the head.



Attach the Quick Clip on the disconnected side. For easy attachment of the Quick Clip, use the index finger as a guide to find the position of the socket and press the clip into the socket.

## Making initial adjustments (continued)



Adjust both of the upper headgear straps by using the tabs. Be sure that they are tightened evenly and the forehead pad is **lightly** touching the forehead.



Adjust the bottom headgear straps by using the tabs. Be sure that they are tightened evenly and the mask is **gently** sitting on the face. Do **not** over-tighten the headgear.



Be sure that the headgear straps are parallel and the headgear is fully extended and flat across the back of the head.

## Making final adjustments



Connect the tubing to the swivel elbow and turn on the air.



Make final adjustments while lying down.

If the forehead pad does not rest lightly against the forehead, adjust the upper headgear strap.



If necessary, adjust the bottom headgear strap so that the mask is snug but comfortable against the face. Do **not** over-tighten the headgear.

## Identifying leaks

Raise the pressure to the prescribed level and turn the head from side to side while lying on the bed.

Identify areas of leak that may prevent the ability to sleep.



## Adjusting for leaks

In the event of leaks, follow these recommended methods to obtain a better seal:

1. Re-seat the mask. Pull the mask directly away from the face and gently set it back into place. This allows the cushion to create a new seal on the face.



2. Adjust the forehead support arm StabilitySelector to correct leaks.  
**This is an important step in the fitting process.**



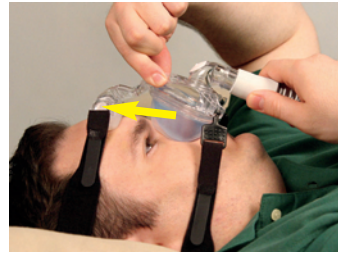
**Problem:** Leaks around the bridge of the nose or into the eyes.

**Solution:** Adjust the forehead support arm to a lower position by gently squeezing the arms of the StabilitySelector and sliding it downward to a lower position. This will bring the top of the cushion closer to the face. If necessary, re-seat the mask again.



**Problem:** Leaks below the nose or near the lip.

**Solution:** Adjust the forehead support arm to a higher position by gently squeezing the arms of the StabilitySelector and sliding it upward to a higher position. This will bring the bottom of the cushion closer to the face. If necessary, re-seat the mask again.



3. Tighten the headgear. If leaks are still present, apply pressure with the fingers directly to the mask in the location of the leak. If this eliminates the leak, tighten the headgear straps closest to the leak to accommodate the seal. Do **not** over-tighten the headgear.



**Note:** Excessive tightening of the headgear may cause unnecessary discomfort and leaks. Remember, not all leaks need to be corrected.

## Removing the mask

To remove the mask, disconnect one or both ball-and-socket Quick Clip(s). Grab the bottom of the headgear on the back of the head and pull the mask gently up and over the head.

Use the Quick Clip to remove the mask and maintain mask and headgear adjustments from day-to-day.



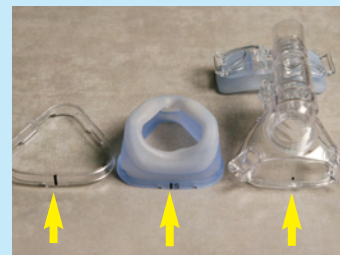
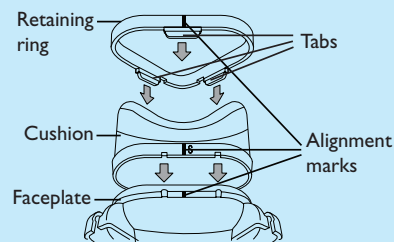
## Fitting tip

If the headgear is too long from the top of the head to the top of the neck, roll the bottom headgear strap over or under to create a better fit. The Quick Clip will rotate to accommodate the new length.



## Attaching the ComfortFusion and ComfortSelect cushion

All three pieces—faceplate, cushion, and retaining ring—have black alignment marks to make aligning and attaching the cushion simple.



1. Place the cushion on the outside of the faceplate, aligning the black alignment marks and fitting the cutouts on the cushion over the notches on the faceplate.



2. Position the retaining ring on the cushion with the tabs facing downward around the cushion and press firmly until all three sides click into place.



3. Slide the retaining ring with tabs facing downward around the cushion and press firmly until all three sides click into place.

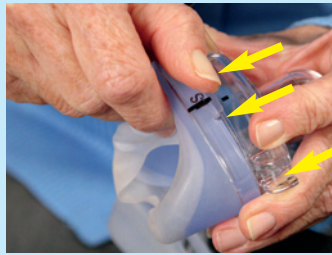


4. Gently tug on the cushion and the ring to make sure all of the parts are securely in place.

### Removing the ComfortFusion and ComfortSelect retaining ring and cushion

To remove the ComfortFusion or ComfortSelect retaining ring that holds the cushion in place on the faceplate:

1. Lift up under the tab on each side of the ring.
2. Remove the ring and cushion.
3. Separate the cushion from the ring.



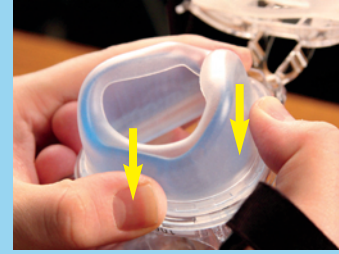
### Attaching the ComfortGel Blue and ComfortGel cushion



1. Place the cushion into the faceplate, making sure the notch for the nose is at the top (closest to the forehead pad).



2. Position the Comfort Flap with the integrated ring on the cushion – again with the notch for the nose at the top and the size indicator at the bottom.



3. Slide the flap and ring downward over the cushion and press firmly until all three sides click into place.



4. Gently tug on the cushion and the ring to make sure all of the parts are securely in place.

### Removing the ComfortGel Blue and ComfortGel cushion

To remove the Comfort Flap and cushion, lift up under the base on each side of the integrated ring.



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